

Adults need around 2000 kcal a day

# sourced.

Everything on our menu is locally sourced, meaning all of our produce travels fewer than 50 miles to arrive on your plate.

## STARTERS

### SOUP OF THE DAY **Ve** **Gf**

**Kcal on request**  
Sourdough roll 7.50

### CREAMY GARLIC

### MUSHROOMS **V** 910kcal

Toasted sourdough,  
chestnut crumb 7.50

Add Cheshire blue  
cheese **V** 204kcal 2.45

### SMOKED MACKEREL

### MOUSSE 422kcal

Sourdough croutes,  
pickled cucumber 7.95

### HONEY & CHILLI CHICKEN

### SKEWERS **Gf** 597kcal

Sweetcorn salsa 7.50

### SPICED HOUMOUS **V** 712kcal

Rocket pesto, crunchy seeds,  
grilled flatbread 7.95

### ROASTED LOCAL BEETROOT

### SALAD **Ve** **Gf** 311kcal

Roasted with tofu, balsamic  
dressing & home pickled  
beetroot 6.95

## MAIN COURSES

### 8oz LOCAL PORK CHOP **Gf** 1403kcal

Broad beans & peas, roasted new potatoes,  
cider & sage cream sauce 18.95

### BRAISED BEEF CHEEK **Gf** 1115kcal

Creamy mash, honey roasted carrots,  
tenderstem broccoli, rich red wine  
sauce 18.95

### CHARGRILLED CHICKEN THIGH 908kcal

Sun blush & cherry tomato orzo, garlic &  
spinach 14.95

### COTTAGE PIE **Gf** 1223kcal

Traditional cottage pie topped with  
cheesy mash, green beans & chargrilled  
hispi cabbage 16.95

### VEGAN COTTAGE PIE **Ve** **Gf** 785kcal

In a rich red wine & tomato sauce topped  
with crispy potatoes, green beans &  
chargrilled hispi cabbage 15.95

### TRADITIONAL FISHERMANS PIE 724kcal

Tenderstem broccoli, peas 19.95

### LOCAL 10oz RIBEYE STEAK 992kcal

Chargrilled to your liking, chunky chips,  
roast beef tomato, field mushroom &  
garden peas 26.95

Add some sauce 3.95 all **Gf**

Peppercorn **V** 174kcal | Diane 134kcal | Béarnaise **V** 415kcal

### DOUBLE CHEESEBURGER 1421kcal

Two 4oz burgers, Cheshire cheese, tomato  
chutney, pickled red cabbage slaw, fries 15.95

### BATTERED HADDOCK

chunky chips and your choice of garden  
1172kcal or mushy peas 1186kcal 18.95

### LARGE ROASTED LOCAL

### BEETROOT SALAD **Ve** **Gf** 546kcal

Roasted with tofu, balsamic dressing &  
home pickled beetroot 12.95

Add chargrilled chicken thigh **Gf** 180kcal, grilled  
goats cheese **V** **Gf** 291kcal, grilled halloumi **V** **Gf**  
357kcal or BBQ pulled mushrooms 327kcal **Ve** **Gf** 5.00

## DESSERTS

### LOCAL CHESHIRE

### CHEESES **V** **Gf** 1111kcal

Oat crackers, tomato  
chutney, celery, grapes 9.95

### STICKY TOFFEE

### PUDDING **V** **Gf**

Choice of ice cream 397kcal  
or custard 370kcal 8.50

### HONEYCOMB

### CHEESECAKE 1070kcal

Vanilla mascarpone  
cream 9.50

### CRUMBLE OF THE

### DAY **Ve** **Gf** Kcal on request

Choice of ice cream or  
custard, please ask for  
today's flavour 8.95

### PECAN PIE **V**

Choice of ice cream 425kcal  
or vanilla mascarpone  
cream 785kcal 8.95

### TRIO OF ICE CREAMS

### & SORBETS **V** **Ve** **Gf**

**Kcal on request**

From our local Daresbury  
Dairy with a choice of sauce  
5.95

### SAUCES 95p

Raspberry coulis 40kcal,  
salted caramel 64kcal,  
chocolate 71kcal

### TOPPINGS

Flake 50p 148kcal

Two flakes 95p 296kcal  
Chopped mixed  
nuts 95p 151kcal

Find out more  
about our  
suppliers.



## DARESBUY DAIRY

Suppliers of ice creams and sorbets. The ice cream is made fresh on the farm using milk from Friesian cows in small artisan batches

## BIRTWISTLES BUTCHERS

Suppliers of meat. Delivering quality meat to customers across the length and breadth of the UK.

## H.S BOURNE CHESHIRE CHEESE

Suppliers of cheese and chutney. The Bourne family have been hand making Cheshire cheese since 1750. They are only farmhouse Cheshire cheesemakers still making Cheshire cheese in Cheshire.

## THE FISH COMPANY

Suppliers of fish and seafood. A family run business based in Rainford, St Helens, sourcing the highest quality fish and seafood.

## DESTINY FOODS

Suppliers of desserts and patisserie. Destiny Foods is a proud member of La Compagnie des Desserts, specialising in providing industry leading desserts.

If you have any dietary requirements or require any information on any of the 14 declarable food allergens, then please speak to a member of our team before ordering. Please note that we store, handle and prepare a range of ingredients that contain food allergens and cannot guarantee that our dishes are allergen free due to the potential of cross-contamination. **V** Vegetarian. **Ve** Vegan. **Gf** Gluten free. **GF** dishes are produced utilising non-gluten containing ingredients.